



ANTI-WRINKLE
INJECTIONS

Aftercare guide

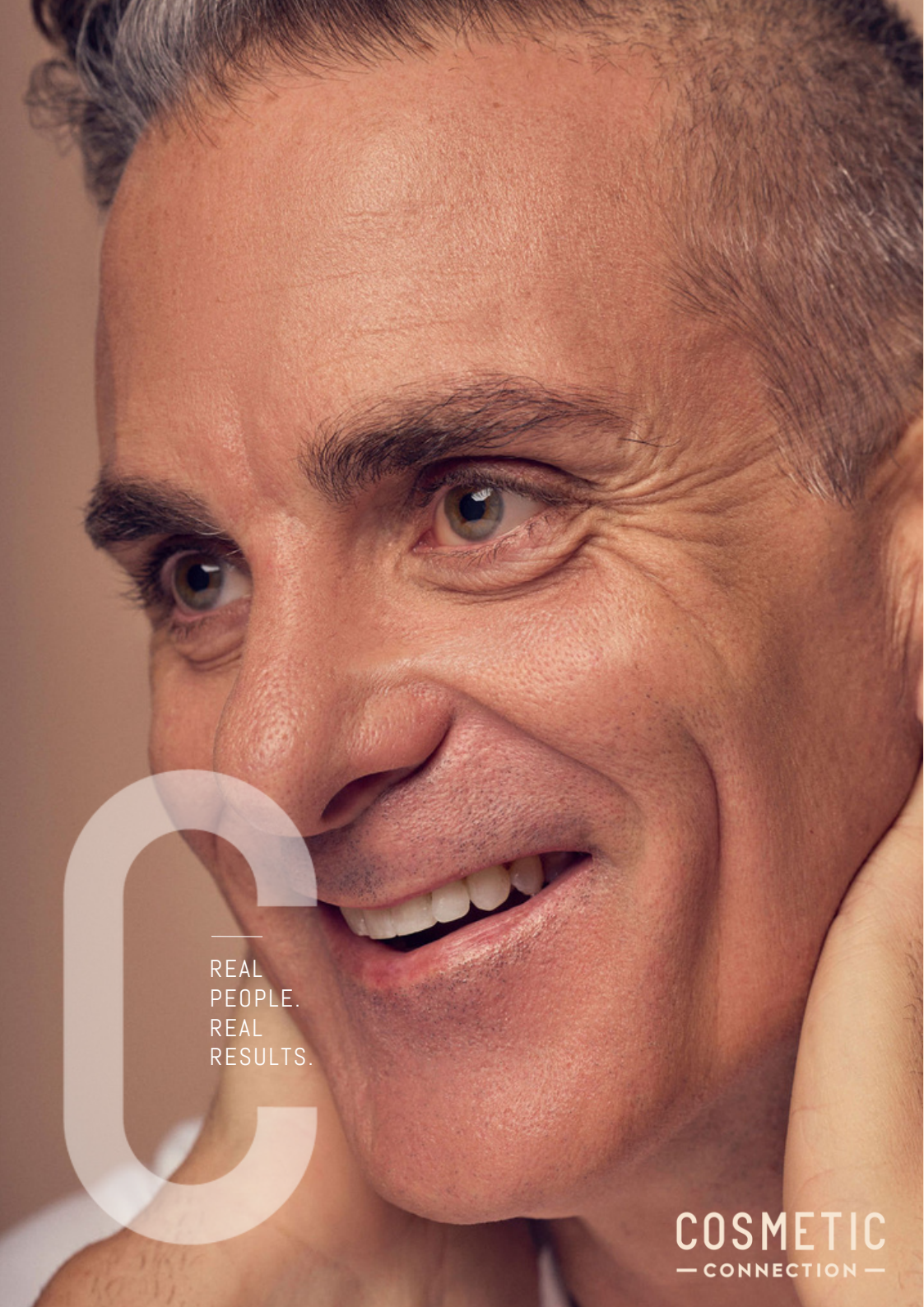
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AFTERCARE

Thank you for visiting Cosmetic Connection, one of Australia's leading cosmetic medicine clinics. This guide contains the aftercare instructions you must follow after having anti-wrinkle injections.

We use anti-wrinkle injections to soften fine lines and wrinkles. We can also use them to adjust facial features, like lifting your brows and reducing your gummy smile.

Proper aftercare is important to reduce the chance of side effects, and to get the best, longest-lasting results.



REAL
PEOPLE.
REAL
RESULTS.

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What you can expect

Immediately after your treatment:

- Small lumps and slight redness at the treated sites, which resolve in 5-10 minutes.
- Bruising is uncommon, but is more likely to occur in delicate areas such as around your eyes.

Within days:

- Slight headaches at the treatment areas are uncommon, and can be managed with over-the-counter pain relief (where safe) should they occur.
- Slight intermittent muscle twitching is rare, and will resolve on its own.





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When you'll see a result

Anti-wrinkle injections don't work straight away.
Allow them time to take full effect.

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You can expect your anti-wrinkle injections to start working as soon as 3 days after your treatment. However, it may take up to 14 days to see the final result.

In this time, the onset of your result is gradual, and some areas may start working before others.

It's important to wait the full 14 days before assessing your result.

After 14 days, your result will gradually wear off over an average of 3-4 months. The longevity depends on the area treated, the amount of product used, and how consistently you've had treatment.

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What you need to do

Carefully following the aftercare is vital to ensure you get the best result, with the lowest chance of side effects.

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For redness, swelling, tenderness and bruising:

- Take paracetamol (where safe) for any discomfort.
- Gently apply a wrapped cold pack to the affected areas intermittently.

For headaches take over-the-counter pain relief (where safe) as required.

To reduce the chance of infection keep your skin clean for 12 hours.

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A close-up photograph of a woman's face, focusing on her eye and the skin around it. Her hand is visible near her eye, with her fingers slightly curled. The lighting is soft and natural, highlighting the texture of her skin and the color of her eye.

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What you need to avoid

The most important part of your anti-wrinkle aftercare is knowing what not to do.

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To reduce swelling, redness, tenderness and bruising, do not:

- Participate in strenuous exercise for 24 hours.
- Consume alcohol for 24 hours.
- Take anti-inflammatories or supplements (unless taking for medical reasons) for 24 hours.

To prevent infection do not apply makeup for 24 hours.

To avoid skin irritation do not:

- Restart your active skincare for 24 hours.
- Have skin treatments for 24 hours.

To stop the product spreading, avoid:

- Touching, massaging, or rubbing the injected areas for 6 hours.
- Facial treatments and massages for 6 hours.

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When to get in touch with us

Your journey with us doesn't end when you leave the clinic. Get in touch with us if you have any questions about your treatment.

If you develop any of the following, please contact us for advice:

- A rash in the treated areas.
- Worsening swelling, redness or pain.

If you have any concerns about your result after 14 days, please get in touch to arrange a complimentary follow-up appointment.

If you have any of the following, please call an ambulance immediately, and ask the attending doctor to contact us:

- Facial or airway swelling.
- Difficulties breathing, swallowing or speaking.

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The next steps to take

To get better results in the short and long term, follow your treatment plan, and apply our anti-wrinkle optimisation principles.

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BE CONSISTENT

Schedule your anti-wrinkle injections with us every 3-4 months for better, longer-lasting results. Book your appointment in advance to get your preferred day and time [here](#).

LOOK AFTER YOUR SKIN

Good skin care and sun protection are highly effective ways to improve your skin quality, tone, and complexion.

COMPLEMENT YOUR TREATMENT

Combining anti-wrinkle injections with dermal fillers and our in-clinic skin treatments has been shown to achieve better results.

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AFTERCARE

Treatments to complement

Get more out of your anti-wrinkle injections by complementing them with these popular treatments.

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DERMAL FILLERS

Soften deep wrinkles that are too severe for anti-wrinkle injections alone. [Learn more.](#)

FACIALS & PEELS

Exfoliate, tone, and hydrate your skin and treat stubborn pigmentation with our range of skin peels and facials.

BIO-REMODELLING INJECTIONS

Restore youthful tone, texture and hydration to your skin with this deep rejuvenation treatment often referred to as injectable moisturiser. [Learn more.](#)

RADIO FREQUENCY SKIN NEEDLING

Tighten, tone and restore collagen to your skin with this powerful skin rejuvenation treatment. [Learn more.](#)

ACTIVE SKINCARE

Nourish your skin from the outside in with our range of hand-selected, active skincare products.

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Our priority is you

Everyone deserves a positive experience and a great result. By nature, cosmetic treatments always carry a small degree of variability, and individual results may vary.

If you have any concerns regards your results or your experience, please get in touch with us and one of our friendly team members will assist you.



At Cosmetic Connection, we stand for honesty, excellence and inclusivity. We provide bespoke treatments in a safe environment to help everyday people look and feel their best.

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Ready for
your next
appointment?

Ask a question

Make a booking

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