



FILLER
DISSOLVING

Aftercare guide

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— CONNECTION —


AFTERCARE

Thank you for visiting Cosmetic Connection, one of Australia's leading cosmetic medicine clinics. This guide contains the aftercare instructions you must follow after having filler dissolving.

We use filler dissolving to remove unwanted or poorly placed dermal fillers, and to treat dermal filler side effects.

Proper aftercare is important to ensure a swift healing process, and reduce the chance of side effects.

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REAL
PEOPLE.
REAL
RESULTS.

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What you can expect

Immediately after your treatment:

- Slight redness at the treated sites.
- Mild swelling and bruising may occur, and usually resolve in a few days.

Within hours:

- General tenderness around the treatment sites as any numbing wears off. This resolves over a few days.

Within days:

- You'll notice the issues caused by the dissolved dermal filler disappear.





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When you'll see a result

Filler dissolving works immediately, but give the treated areas time to heal.

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You can expect to see a result immediately after dissolving your dermal fillers.

However, as there will be some swelling, it's important to allow 2-3 days for this to settle.

The amount of filler removed by dissolving depends on how much dissolver was injected. While filler dissolving is a precise treatment, there is always a small chance that your dermal filler is over or under treated.

You must also appreciate the dermal fillers disguise the ageing process. Removing long-term fillers will reveal underlying ageing. This means you may look older as your facial ageing is revealed.

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What you need to do

Carefully following the aftercare is vital to ensure you get the best result, with the lowest chance of side effects.

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For redness, swelling, tenderness and bruising:

- Take paracetamol (where safe) for any discomfort.
- Gently apply a wrapped cold pack to the treated areas intermittently.

If you're prone to cold sores in the treated areas we may recommend taking preventative medication.

To reduce the chance of side effects keep your skin clean for 24 hours.

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What you need to avoid

The most important part of your filler dissolving aftercare is knowing what not to do.

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To reduce swelling, redness, tenderness and bruising, avoid:

- Strenuous exercise and alcohol for 24 hours.
- Anti-inflammatories or supplements (unless taking for medical reasons) for 24 hours.
- Hot environments like saunas for 24 hours.
- Domestic flights for 24 hours.

To avoid skin irritation do not:

- Restart your active skincare for 24 hours.
- Have skin treatments for 24 hours.

To encourage healing avoid smoking for 48 hours.

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When to get in touch with us

Your journey with us doesn't end when you leave the clinic. Get in touch if you have questions about your treatment.

If you develop any of the following, please contact us immediately for advice:

- A slight rash in the treated areas.
- Worsening local swelling, redness or pain.

If you have any concerns about your result after 14 days, please get in touch to arrange a complimentary follow-up.

If you have any of the following, please call an ambulance immediately, and ask the attending doctor to contact us:

- Facial or airway swelling.
- A rapidly developing rash.
- Abdominal pain, nausea or vomiting.
- Difficulties breathing, swallowing or speaking.





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The next steps to take

After having your fillers dissolved, it's always important to know your next move.

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RE-TREAT (CONSERVATIVELY)

After reversing filler it's common to feel uncomfortable or uncertain. Sometimes it's reasonable to re-treat the area cautiously to address your original concerns while avoiding any issues. We just need to wait 2 weeks after dissolving before injecting new dermal filler. If and when you're ready, book your dermal filler session [here](#).

PRACTICE INTROSPECTION

Once your dermal fillers have been dissolved, it's always worth thinking about why you had them in the first place. While most people revisit fillers with a more considered approach, sometimes other treatments are better suited to your needs. [Book in for a consultation](#) with our experts if you want to discuss your options.

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Treatments to complement

Whether or not you're ready to revisit dermal fillers, these treatments are worth considering as an alternative.

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ANTI-WRINKLE INJECTIONS

Smooth fine lines and wrinkles, and prevent deeper ones developing with anti-wrinkle injections. We are experts in natural-looking anti-wrinkle treatments.

[Learn more.](#)

COLLAGEN STIMULATING INJECTIONS

This powerful treatment restores volume and collagen. It improves the thickness and strength of your skin, making it more resistant to ageing.

[Learn more.](#)

RADIO FREQUENCY SKIN NEEDLING

Tighten, tone and restore collagen to your skin with this powerful skin rejuvenation treatment.

[Learn more.](#)

ACTIVE SKINCARE

Nourish your skin from the outside in with our range of hand-selected, active skincare products.

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Our priority is you

Everyone deserves a positive experience and a great result. By nature, cosmetic treatments always carry a small degree of variability, and individual results may vary.

If you have any concerns regards your results or your experience, please get in touch with us and one of our friendly team members will assist you.



At Cosmetic Connection, we stand for honesty, excellence and inclusivity. We provide bespoke treatments in a safe environment to help everyday people look and feel their best.

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Ready for
your next
appointment?

Ask a question

Make a booking

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