




ANTI-SWEAT
INJECTIONS

How to prepare

COSMETIC
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THE
STEPS

What to do

You must ensure you prepare for your anti-sweat injections. Good preparation allows your appointment to run smoothly, gives your clinician more time to perform your treatment, and reduces the chance of side effects.

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ALCOHOL

Alcohol increases the chance of bruising, so please avoid it within 24 hours of your appointment.

SMOKING

Smoking delays healing, so avoid it within 24 hours of your appointment.

EXERCISE

Avoid strenuous exercise for 6 hours before your treatment, as it can worsen swelling.

ANTI-PERSPIRANTS

Do not apply anti-perspirant deodorant to the treatment area within 24 hours of your appointment.

MAKEUP

For facial sweating, please remove your makeup before you arrive. Removing it after you arrive wastes your appointment time. Injecting through it increases the risk of infection.

GET IN
TOUCH

Have any
questions?

Get in touch

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