

How to prepare



ARRIVE 15 MINUTES EARLY

To avoid potential treatment delays or cancellation, please arrive 15 minutes before your scheduled appointment.

Be sure to complete all required pre-appointment tasks prior to arrival.

PARKING

St. Leonards: Ticketed street parking. 2-hour free parking in Mall 88.

Toorak: Street parking. Carters Avenue council car park. Jackson street car park.

INTAKE FORM

If your new to us, complete your intake form before arriving by following the link in your confirmation email.

UNWELL?

To protect the health of our staff and other guests, please have the courtesy to not attend your appointment if you are feeling unwell.

Please also refrain from bringing any unwell guests (including children) with you.

We will make an exception to our 48-hour cancellation policy if you provide us with a valid medical certificate.

MEDICATIONS & SUPPLEMENTS

Do not stop taking any medications prescribed for diagnosed medical conditions. If safe, avoid general health supplements and anti-inflammatories for the week before your treatment, as they may increase bruising.

FOOD

We do not allow the consumption of food on our premises.

Real people, real results
Confidence looks good

Got questions? Just ask.

Contact us

YOUR APPOINTMENT

COSMETIC
— CONNECTION —

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ALCOHOL

To minimise the risk of bruising, please avoid alcohol consumption for 24 hours prior to your appointment.

SMOKING

Smoking & vaping delay healing, so avoid it within 24 hours of your appointment.

EXERCISE

Avoid strenuous exercise within 6 hours of your appointment, as it can worsen swelling.

ANTI-PERSPIRANTS

For treatments for sweating, do not apply anti-perspirant deodorant to the treatment area within 24 hours of your appointment.

CHILDREN & PETS

For the comfort and safety of all our guests, children and animals (excluding approved assistance animals) are not permitted in the clinic.

Failure to comply with this policy will result in your appointment being rescheduled, and a Cancellation Fee may apply.

MAKEUP

Please remove all makeup before arriving. This allows us to begin your appointment promptly.

HAIR

Closely trim or shave any hair from areas you would like to discuss or treat, the day before your appointment.

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